

HAWAII OCCUPATIONAL SAFETY AND HEALTH 2004 AUDIO-VISUAL CATALOG* SUPPLEMENT, January, 2006

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DVD Descriptions

- DVD 1 BLOODBORNE PATHOGENS: CONTROL YOUR EXPOSURE**
13 min. Color 1998 1 DVD Administrative materials guide Employee handbook)
Video portrays an employee receiving a post-exposure evaluation, and uses flashbacks to show the accident and highlight the issues. Program highlights: definition of bloodborne pathogens, routes of transmission, exposure prevention methods, disease details on HIV, Hepatitis B and Hepatitis C, vaccination information. - Comprehensive Loss Management.
- DVD 2 ELEMENTS OF BACK CARE (GENERAL INDUSTRY)**
(14 min. Color 2000 1 DVD Administrative materials guide Employee handbook)
To teach employees how to properly care for their backs and prevent injuries. Program highlights include: the basic function and design of the back; body mechanics and movement; importance of periodic stretching throughout the day; and various stretches and exercises. NOTE: Employees should check with their healthcare professional if they have questions about doing demonstrated stretches and exercises. - Comprehensive Loss Management, Inc.
- DVD 3 HAZARD COMMUNICATION: LEARNING THE SYSTEM**
(17 min. Color 1986 1 DVD Compliance manual Employee handbook)
Presents an overview of the hazard communication system in which the supplier, the employer and the employee each play a role with particular responsibilities. Explains the employer's responsibilities, but stresses the employee's role in making the system work (e.g., read labels and MSDS, follow safety procedures, know the hazards and how to control them, pay attention to training, and know when emergency procedures are needed). Discusses how to determine which chemicals are hazardous, the labeling system, using a material safety data sheet, understanding the physical and health hazards of chemicals, and using personal protective equipment. - CLMI/International Film Bureau.
- DVD 4 PREVENTING SLIPS, TRIPS & FALLS (HOTEL VERSION)**
(14 min. Color 1999 1 DVD Instructor guide)
Covers the mechanics and causes of slips, trips, and falls; identifies areas where slips, trips and falls may occur and prevention measures (e.g. parking lots, sidewalks, entrances, lobbies and hallways, food & beverage areas, restrooms, pools, kitchen, back area where deliveries are made). Also includes recognizing hazards and taking appropriate action, procedures for responding to accidents and footwear. - Comprehensive Loss Management.
- DVD 5 SAFETY ON THE ROAD: DEFENSIVE DRIVING FOR DELIVERY VANS**
(17 min. Color 1999 1 DVD Instructor guide)
Video presents information on the following topics: how to perform a pre-trip inspection, how a delivery van is different from a regular car, how to compensate for the delivery van differences, how to safely operate the delivery van and proper procedures for making deliveries. - Comprehensive Loss Management.

- DVD 6 GETTING THE JOB DONE SAFELY: WORKER ORIENTATION**
(15 min. Color 1995 1 DVD)
Having a good safety record takes teamwork. Areas covered in this orientation include: housekeeping, personal protective equipment, fall protection, vehicle safety, excavations, electrical hazards, hazardous materials, material handling, and substance abuse. – Associated General Contractors of America.
- DVD 7 HAZARD COMMUNICATION: THE MESSAGE IS SAFETY**
(14 min. Color 1997 1 DVD)
It is important to know that hazards you are exposed to and how to protect yourself. Workers need to ask themselves the following questions: 1) What am I working with? 2) How can it hurt me? 3) How do I protect myself? Covers material safety data sheets, examples of flammable, corrosive, toxic and reactive materials, and the ways to protect themselves, e.g., engineering and administrative controls and personal protective equipment. - Associated General Contractors of America.
- DVD 8 HEIGHTENED AWARENESS: FALL PROTECTION IN THE CONSTRUCTION INDUSTRY**
(20 min. Color 1995 1 DVD)
In construction, fall protection is required when working at heights of 6 feet or more. Eight types of fall protection are mentioned: guardrails, safety nets, covers (for openings), personal fall arrest systems, warning line systems, controlled access zones, safety monitoring system, and fall protection plans. Suggests types of fall protection to use while doing certain construction activities. - Associated General Contractors of America.
- DVD 9 IN THE TRENCHES: EXCAVATION SAFETY FOR WORKERS**
(14 min. Color 1996 1 DVD)
Working safely in excavation and trenching involves 1) understanding the potential hazards, 2) knowing the resources for determining soil conditions, 3) understanding the elements that affect the site, 4) knowing the protective systems (sloping, shoring and shielding) and when to use them, and 5) following safe work habits and emergency procedures. - Associated General Contractors of America.
- DVD 10 MSDS: READ IT BEFORE YOU NEED IT**
(20 min. Color 2004 1 DVD in English, Spanish Leader's guide Employee handbook)
Aimed to train the viewer on how to use material safety data sheets (MSDS) by knowing the standard format and understanding the contents. In this program, the sixteen sections of the MSDS are grouped under four general headings for better understanding: product information, exposure situations, hazard prevention and personal protection, and other specific information. - Coastal Training Technologies.

- DVD 11 EMERGENCY EVACUATION: GETTING OUT ALIVE**
(15 min. Color 2002, 2004 1 DVD in English, Spanish, Portuguese
Leader's guide Employee handbook)
Stresses the importance of preparation, training and drills in responding to an emergency. In any emergency, the following steps are involved: RACE - rescue, alarm, confine and evacuate. Although specific procedures vary for each workplace, the video illustrates what to do when the emergency alarm sounds and how to respond in particular emergencies (fires, hazardous material releases, earthquakes and explosions.) - Coastal Training Technologies
- DVD 12 DEFENSIVE DRIVING : A CRASH COURSE**
(16 min. Color 2004 1 DVD in English, Spanish, Portuguese Leader's guide Employee handbook)
Stresses the importance of being a defensive driver by: Planning and preparing yourself, e.g., using the seat belt, planning your route; inspecting and maintaining your vehicle; adopting a defensive attitude, e.g., controlling your emotions, avoiding tailgating; handling distractions, e.g., cellular phones, reading, drinking, using drugs; following practical driving procedures for the environment you are in—city, freeway, or rural areas. - Coastal Training Technologies Corp.
- DVD 13 RECORDKEEPING: TRUE TO FORM**
(30 min. Color 2004 1 DVD in English, Spanish Leader's guide)
Video provides an overview of some of the changes to the OSHA recordkeeping rule that became effective January 1, 2002. Covers the forms (300, 300A and 301), how to complete them, what information to make available to employees and their representatives, and how long they should be kept. Other subjects covered are what is considered recordable, medical treatment and first aid; counting days, i.e. when to begin and end counting; calculating incidence rates and employee privacy issues. – Coastal Training Technologies Corp.
- DVD 14 BLOODBORNE PATHOGENS: KNOW THE RISK**
(19 min. Color 2002 1 DVD Leader's guide Employee handbook)
Presents information on the risk of exposure to bloodborne pathogens, bloodborne pathogens (HIV, Hepatitis B and Hepatitis C), transmission of bloodborne pathogens in the workplace, and precautions workers can take, such as preventive housekeeping, handwashing, and work practices, protective barriers and proper waste disposal. – Coastal Training Technologies Corp.
- DVD 15 LOCKOUT TAGOUT: CONTROLLING THE BEAST**
(19 min. Color 2002 1 DVD Leader's guide Employee handbook)
Explains basic concepts about various energy sources, lockout and tagout, when to use it and removing locks and tags, the need for inspection and training, and the 6-step procedure that is required for controlling hazardous energy. - Coastal Training Technologies Corp.
- DVD 16 FALL PROTECTION: TAKING CONTROL**
(11 min. Color 1998 1 DVD Facilitator guide Employee handbook)
Briefly covers the importance of recognizing and respecting potential

fall hazards, the importance of a pro-active safety attitude, and some standard requirements when working above 6 feet. The main focus of the program is the proper use and care of fall protection equipment, primarily personal fall arrest systems. - Summit Training Source.

- DVD 17 SCAFFOLDING SAFETY: SAFE WORK PRACTICES**
(11 min. Color 1997 1 DVD Facilitator guide Employee handbook)
Safe Work Practices demonstrates best safety practices, outlines potential hazards, and creates awareness. The program addresses: electrical, fall and falling object hazards, load carrying capacity and material handling, using ladders and good housekeeping strategies. – Summit Training Source.
- DVD 18 SCAFFOLDING SAFETY: ERECTING & DISMANTLING**
(20 min. Color 1997 1 DVD Facilitator guide Employee handbook)
Covers site evaluation and preparation, selection and inspection of scaffolding, proper erecting and dismantling procedures and safe work practices. – Summit Training Source.
- DVD 19 CONSTRUCTION SAFETY ORIENTATION**
(19 min. Color 2001 1 DVD Facilitator guide Employee handbook)
Program conveys four principles: analyze the work area and the job to be performed, recognize and respect hazard warning signs and labels, identify and eliminate or control any potential hazards, and remain aware of all activity taking place around you. It also covers the following topics: fall protection, ladders, electrical hazards, vehicle traffic, rigging, excavation and trenching, lockout tagout, confined space, hazard communication, personal protective equipment, compressed gas cylinders, fire and housekeeping. – Summit Training Source.
- DVD 20 SHOCK PROOF: QUALIFIED EMPLOYEE**
(21 min. Color 2004 1 DVD Facilitator guide Employee handbook)
Areas covered include: electrical hazards faced by qualified employees; safety procedures necessary to reduce risk of injury from hazards, such as those for lockout/tagout; best safety practices for working on or near live electricity, including the use of personal protective equipment, proper tools, ground fault circuit interrupters, ladders, job briefing, maintaining approach boundary distances, etc. – Summit Training Source.
- DVD 21 SHOCK PROOF: UNQUALIFIED EMPLOYEE**
(17 min. Color 2004 1 DVD Facilitator guide Employee handbook)
The program for the unqualified employee covers why electricity is hazardous, how to recognize common electrical hazards, and how to prevent electrical accidents and injuries. – Summit Training Source.
- DVD 22 CONFINED SPACE ENTRY: NO TIME FOR ERROR**
(16 min. Color 2004 1 DVD Facilitator guide Employee handbook)
Defines and gives examples of permit required confined spaces, explains five categories of potential atmospheric hazards (flammable, physical, irritating oxygen, and toxic), covers pre-entry procedures and permits, attendant duties, and emergency response. – Summit Training Source.

- DVD 23 SLIPS, TRIPS AND FALLS: KEEPING A STEP AHEAD**
(12 min. Color 2001 1 DVD Facilitator's guide Employee handbook)
Causes of slips, trips and falls, a significant source of injuries and even deaths on the job; preventive measures; when, where, and how to use fall protection; techniques to avoid slips, trips, and falls; and safe work practices are the subjects of this program. - Summit Training Source.
- DVD 24 ELECTRICAL SAFETY: CONTROLLING THE HAZARDS**
(13 min. Color 2002 1 DVD Facilitator's guide Employee handbook)
Covers how electricity works, electrical hazards and how it affects your body, and safe practices to reduce or eliminate your risk. The electrical hazards mentioned include contact with power lines, missing or broken path to ground, lack of ground fault protection and using extension cords or electrical tools improperly. - Summit Training Source.
- DVD 25 CONTRACTOR SAFETY: OVERVIEW**
(6 min. Color 2001 1 DVD Facilitator's guide Employee handbook)
This program can be used as part of a training program for contract workers on a company's site. It covers three safety items all contract workers must know, i.e., security, smoking, and emergencies. – Summit Training Source.
- DVD 26 CONTRACTOR SAFETY: LAB WORKER**
(12 min. Color 2001 1 DVD Facilitator's guide Employee handbook)
This program can be used as part of a training program for laboratory contract workers on a company's site. It covers potential hazards commonly found in laboratory work, site-specific hazards, such as radiation, respiratory and biohazards, prevention measures and personal protective equipment, safe work practices and hazardous waste. – Summit Training Source.
- DVD 27 CONTRACTOR SAFETY: OFFICE WORKERS**
(10 min. Color 2001 1 DVD Facilitator's guide Employee handbook)
This program can be used as part of a training program for office contract workers on a company's site. It explains musculoskeletal disorders and ergonomic risk factors, preventive measures, and how to recognize hazards, such as falls, office equipment and housekeeping. – Summit Training Source.
- DVD 28 CONTRACTOR SAFETY: CONSTRUCTION WORKERS**
(14 min. Color 2001 1 DVD Facilitator's guide Employee handbook)
This program can be used as part of a training program for construction contract workers on a company's site. It covers the safety and health responsibilities of both the company and the contract worker, commonly found potential hazards (e.g. chemical, physical and biological hazards), how to recognize hazards that may pose a risk (e.g. train yourself to use all your senses to take notice of what is around you, know what incidents are likely to occur), know how and when to use engineering controls and personal protective equipment, and safe work practices. – Summit Training Source.

DVD 29**CONTRACTOR SAFETY: OPERATIONS/DELIVERY WORKER**

(10 min. Color 2001 1 DVD Facilitator's guide Employee handbook)

This program can be used as part of a training program for operations/delivery contract workers on a company's site. Operations or delivery workers often move between many different areas at a work site (e.g., production, lab or office), thus this program covers the importance of recognizing and taking action to correct common workplace hazards, such as contact with objects and equipment, falls, exposure to harmful substances and overexertion. Other topics include the use of personal protective equipment when required, the handling of materials safely with emphasis on stretching, proper lifting techniques and use of ergonomic lifting devices. – Summit Training Source.

DVD 30**CONTRACTOR SAFETY: PERMIT REQUIRED ACTIVITIES**

(8 min. Color 2001 1 DVD Facilitator's guide Employee handbook)

This program can be used as part of a training program for contract workers who depending on the service they provide and where it is performed on a company's site may require a special work permit. Safe work permits are required for hot work, breaking into equipment, confined space entry, lockout/tagout, asbestos, excavation and other activities. Requirements for other specialized activities, including tunnel entry, roof access, and compressed gas cylinder storage, are briefly covered. – Summit Training Source.

DVD 31**CONTRACTOR SAFETY: HAZARD COMMUNICATIONS**

(7 min. Color 2001 1 DVD Facilitator's guide Employee handbook)

This program can be used as part of a training program for contract workers who utilize hazardous chemicals on a company's site. Contract workers need to meet not only hazard communication standard requirements, but also facility requirements that may vary from site to site. Some of these requirements may include a submission for approval of chemicals and material safety data sheets (MSDS), proper labeling, availability of MSDS at all times when the chemical is on-site, communicating the potential hazards associated with the work performed and responsibility for containing, cleaning up and properly disposing of any of their own hazardous substances, either spilled or released. – Summit Training Source.

DVD 32**CONTRACTOR SAFETY: CHEMICAL PROCESS WORKERS**

(6 min. Color 2001 1 DVD Facilitator's guide Employee handbook)

Because of the potential severe consequences associated with certain chemicals in large quantities, OSHA and HIOSH have adopted the process safety management of highly hazardous chemicals standard (§1910.119) that includes requirements for facility employers, contractors and employees. This program can be used as part of a training program for contract chemical process workers; however, its scope is limited to covering training requirements for process workers, access to process areas, some safe work practices, and reporting incidents in the process area. – Summit Training Source.

- DVD 33 LADDER SAFETY: TAKE THE RIGHT STEPS**
(13 min. Color 2001 1 DVD Facilitator's guide Employee handbook)
Program teaches about proper ladder selection for the job, inspecting ladders before use, proper setup and angle, climbing techniques, and appropriate maintenance and storage. Professional stunt people demonstrate falls that result when ladders are not properly used. – Summit Training Source.
- DVD 34 VIOLENCE ON THE JOB**
(21 min. Color 2004 1 DVD)
Discusses risk factors for violence at work (e.g., exchanging money, delivering goods or services, working late at night or during early morning hours, and dealing with violent people or volatile situations), and strategies (environmental, administrative, and behavioral) to prevent violence. The development of policies, controls and programs on violence prevention is recommended. The DVD also includes recommendations and a case study on what was done to prevent workplace violence at substance abuse treatment facilities in New York. – National Institute for Occupational Safety and Health (NIOSH).
- DVD 35 WORKING WITH STRESS**
(17min. Color 2002 1 DVD)
Brief overview of causes, effects on workers and organizations, and prevention of job stress. Provides two case studies of stress management programs. – National Institute for Occupational Safety and Health.
- DVD 36 R.E.P.O.R.T. IT! NEAR MISS REPORTING**
(15 min. Color 2000 1 DVD Facilitator guide Participant guide)
Training package for supervisors who want to train team leaders in the Near Miss Reporting process. Covers what near miss reporting is, why it is important and the R.E.P.O.R.T. steps in the process (i.e., Recognize a potential incident and address the immediate danger, Enter information on a form and get it to a supervisor, Perform any corrective action, Offer information to co-workers, Reinforce the reporting by giving feedback to employees and Track reports to uncover areas that need attention. – CoreMedia Training Solutions.
- DVD 37 FORKLIFT FUNDAMENTALS: GET THE FACTS**
(18 min. Color 2004 1 DVD in English, Spanish, Portuguese Leader's guide Employee handbook)
This program provides basic information on forklift design, control, instrumentation, pre-use inspection, and load. It can be used as a part of a total training program for powered industrial truck operators. – Coastal Training Technologies Corp.
- DVD 38 FIRE SAFETY: ALERT, AWARE, ALIVE**
(16 min. Color 2005 1 DVD in English, Spanish, Portuguese Leader's guide Employee handbook)

The following topics are covered in this program: how fires start, the types of fires, stopping fires before they start, dealing with a fire and fighting a fire. – Coastal Training Technologies.

DVD 39

PERSONAL FALL ARREST SYSTEM

(15 min. Color 2005 1 DVD Facilitator's guide Employee handbook)
Not only does this program cover fall hazards, fall arrest components, inspecting the equipment and system use and maintenance, but it also provides additional information (e.g. dynamics of falling, locations of anchorages, swinging during a fall, calculating fall clearance, etc.) that explains the reasons for certain procedures when utilizing fall arrest systems. – Summit Training Source.

DVD 40

RESPIRATORY SAFETY: GENERAL AWARENESS

(12 min. Color 2005 1 DVD Facilitator's guide Employee handbook)
Incorporating testimonials and interviews from actual people in the field, including environmental health and safety directors, fire department personnel and OSHA experts, this program emphasizes the need for an effective respiratory protection program in certain hazardous work environments. It covers the various types of respiratory hazards (particulates, gases and vapors, and oxygen deficiency) and where they may be encountered, how respirators work and the importance of choosing the right respirator for the worker in hazardous environments. – Summit Training Source.

DVD 41

PERSONAL PROTECTIVE EQUIPMENT (PPE): CREATE THE BARRIER

(12 min. Color 2002 1 DVD Facilitator's guide Employee handbook)
[Note: Please refer to the HIOSH standards and your company's policies concerning the responsibility of providing personal protective equipment.]
This program goes over the various types of personal protective equipment (head, eye and face, hearing, hand and feet protection and clothing); how to select the proper personal protective equipment; and how to use and care for personal protective equipment correctly. – Summit Training Source.

DVD 42

WHAT HEARING LOSS SOUNDS LIKE

(13 min. Color 1995 1 DVD)
Covers how we hear, how loud noise affects hearing, conductive and sensorineural hearing loss, and the use of hearing protection. Also demonstrates what a person with conductive and sensorineural hearing loss hears. - Liberty Mutual/Summit Training Source.

VIDEO DESCRIPTIONS

V349 IT ONLY TAKES A SECOND

(1/2" VHS 3 min. Color 1995 1 videocassette Discussion guide)

Viewers see a series of accident reenactments and dramatic consequences illustrated in this motivational video with the goal of getting employees to think safety. It can be used as a meeting opener or to set the stage for discussion on many safety issues. – Aurora Pictures/Comprehensive Loss Management, Inc.

V350 RECORDKEEPING: TRUE TO FORM

(1/2" VHS 30 min. Color 2002, 2004 1 videocassette Leader's guide)

Video provides an overview of some of the changes to the OSHA recordkeeping rule that became effective January 1, 2002. Covers the forms (300, 300A and 301), how to complete them, what information to make available to employees and their representatives, and how long they should be kept. Other subjects covered are what is considered recordable, medical treatment and first aid; counting days, i.e. when to begin and end counting; calculating incidence rates and employee privacy issues. – Coastal Training Technologies Corp.

V351 HOSPITALITY SERIES: EMPLOYEE SAFETY ORIENTATION

(1/2" VHS 12 min. Color 2002 1 videocassette)

Program covers some of the general occupational hazards to which workers in the hospitality industry may be exposed. Some basic requirements, electrical hazards, powered equipment and machinery, back injury prevention, fire protection and other hazards are included. – Safety Source Productions.

V352 HOSPITALITY SERIES: HOUSEKEEPING SAFETY

(1/2" VHS 12 min. Color 2002 1 videocassette)

Program covers some of the hazards to which housekeeping personnel are exposed in the course of their work. Included are proper cleaning techniques, chemical use, back injury prevention and more. – Safety Source Productions.

V353 HOSPITALITY SERIES: BLOODBORNE PATHOGENS

(1/2" VHS 14 min. Color 2004 1 videocassette)

Produced for employees working in the service, hospitality, and foodservice industries who may be exposed to bloodborne pathogens. This video explains what bloodborne pathogens are, their potential effects on employee health, and how to reduce exposure to pathogens, such as HIV and HBV. – Safety Source Productions.

V354 HOSPITALITY SERIES: KITCHEN SAFETY

(1/2" VHS 10 min. Color 2003 1 videocassette)

Emphasizes each person's responsibility in maintaining safety in the kitchen, this program addresses the following: 1) slips and falls, 2) using knives and box cutters, 3) kitchen machinery, such as slicers, mixers and ice machines, 4) burn and fire prevention, and 5) chemical and hazardous materials. – Safety Source Productions.

V355 HOSPITALITY SERIES: KNIFE SAFETY

(1/2" VHS 9 min. Color 2003 1 videocassette)

This video is targeted towards anyone who uses knives but focuses on a food service environment. Describes proper personal protective equipment, "how to" information on storing, cleaning and handling knives. – Safety Source Productions.

V356 HOSPITALITY SERIES: PREVENTING SLIPS, TRIPS AND FALLS

(1/2" VHS 9 min. Color 2003 1 videocassette)

This video takes a look at several different scenarios showing slip, trip and fall hazards, examines what circumstances, behaviors or conditions contributed to each incident and what steps can be taken to prevent similar future occurrences. Some topics mentioned include inattention, proper footwear, keeping surfaces clean and in good condition, and taking action when seeing a hazard. – Safety Source Productions.

V357 HOSPITALITY SERIES: HAZARD COMMUNICATION

(1/2" VHS 18 min. Color 2002 1 videocassette)

Covers several aspects of hazard communication, such as the written plan, the health effects of hazardous materials, labeling, material safety data sheets and employee training, including for workers of contractors. – Safety Source Productions.

V358 SAFETY AWARENESS: REAL ACCIDENTS, REAL STORIES

(1/2" VHS 14 min. Color 2003 1 videocassette)

With training in safe workplace practices and the availability of protective equipment, three workers tell how they were injured because of not following safe work practices. NOTE: Photos of injuries are graphic. Viewers are asked, "Could this accident be prevented? – Wumbus Corporation.

V359 SAFETY AWARENESS 2: REAL ACCIDENTS, REAL STORIES

(1/2" VHS 18 min. Color 2004 1 videocassette)

Recounts life altering stories of four workers who have either witnessed an accident or experienced an injury and how the event affected their lives and the lives of others. The stories are of: (1) a worker who experiences loss of hearing from not using hearing protection, (2) a truck driver who injures his back at home while not following numerous material handling training that he received at work, (3) a press operator who slips on spilled solvent and loses part of her leg, and (4) a maintenance worker who feels he could have saved his coworkers life if he had not chosen to look the other way. – Wumbus Corporation.

V360 THE SAFE OPERATION OF UTILITY CARTS

(1/2" VHS 11 min. Color 2003 1 videocassette)

Employees who are authorized to operate utility carts should be properly trained which includes following instructions in the manufacturer's manual. This program can be used as a review following the abovementioned training. It covers the importance of inspection and safe operation of the cart and touches on speed, hazards, pedestrians, distractions and parking. – Wumbus Corporation.

V361 WHY A 3-MAN CREW?

(1/2" VHS 18 min. Color 1995 1 videocassette)

Why is a three-person crew necessary for safe commercial diving operations? Live action recreations depict actual cases in which attempts to save time and money using a two-person crew resulted in serious injury or death. Also briefly highlights the little-known role of commercial diving in providing many of the fundamental resources and services on which we depend. – Association of Diving Contractors International, Inc.

V362 THE HAZARDS OF UNDERWATER BURNING

(1/2" VHS 11 min. Color 2001 1 videocassette)

This video covers the hazards of underwater burning, with special emphasis on avoiding explosions and explains the "fire triangle" and how most explosions occur. It also demonstrates specific safe work practices, such as prior planning utilizing job safety analysis, for reducing or eliminating hazards. Reviews of actual fatalities related to underwater welding and hotwork underscore the message. - Association of Diving Contractors International, Inc.

V363 THE HAZARDS OF DIVING IN DELTA P WORK ENVIRONMENTS

(1/2" VHS 12 min. Color 1999 1 videocassette)

A somber review of actual diving fatalities underscores the message of the risks of "Delta P" (differential pressure) diving environments. Defines terms, explains characteristics of differential pressure, and provides formulae for accurate calculation of pressures in both sea and fresh water. Emphasizes pre-planning, knowing the diving site layout, and techniques for reducing or eliminating hazards. - Association of Diving Contractors International, Inc.

V364 THE SKY'S THE LIMIT: AERIAL WORK PLATFORM SAFETY

(1/2" VHS 12 min. Color 2000 1 videocassette)

Emphasizes the importance of proper training on equipment to be used, daily pre-operation checks, fall protection, inspecting the worksite, checking the weather and following other safe work practices. – Associated General Contractors of America.

V365 PUTTING ON YOUR ERGONOMIC GLASSES

(1/2" VHS 37 min. Color 2000 1 videocassette Instructor guide Employee workbook)

For flexibility in delivering the information contained in this program by noted ergonomist, Dan MacLeod, the video is divided into six modules: Module 1 (Introduction; discussion of critical issues in various work areas), Module 2 (Review of issues involving posture, force, reaches & heights), Module 3 (Review of repetitive motions, static load, pressure points, clearance, movement & environmental factors), Module 4 (Description of bodily wear & tear along with common symptoms & importance of early reporting, Module 5 (Designed for supervisors to explain how ergonomic improvements can cut costs & improve efficiencies), Module 6 (Refresher, to be shown several months or a year after initial program presentation) – Comprehensive Loss Management, Inc.

V366 SCAFFOLDING SAFETY: SAFE WORK PRACTICES

(1/2" VHS 12 min. Color 1997 1 videocassette Facilitator guide Employee handbook)

Safe Work Practices demonstrates best safety practices, outlines potential hazards, and creates awareness. The program addresses: electrical, fall and falling object hazards, load carrying capacity and material handling, using ladders and good housekeeping strategies. – Summit Training Source.

V367 SCAFFOLDING SAFETY: ERECTING & DISMANTLING

(1/2" VHS 20 min. Color 1997 1 videocassette Facilitator guide Employee handbook)

Covers site evaluation and preparation, selection and inspection of scaffolding, proper erecting and dismantling procedures and safe work practices. – Summit Training Source.

V368 DEALING WITH CHEMICAL SAFETY

(1/2" VHS 15 min. Color 1989 1 videocassette Trainer's manual)

When working with or around chemicals, it is important for everyone to know their potential risks and how to minimize the hazards. This program includes details on how chemicals enter the body, the dose and health hazards of chemicals, fire and explosion hazards, environmental pollution, storage and transportation and evaluation of handling and storage methods. In addition, control measures, including elimination, substitution, isolation, ventilation, monitoring of contaminant levels, and personal hygiene, good housekeeping and the wearing of appropriate personal protective equipment are briefly covered. – SafetyCare Inc.

V369 INDUSTRIAL LOW-LIFT TRUCKS

(1/2" VHS 18 min. Color 1989 1 videocassette Employee handbook)

Video reviews the main hazards of industrial trucks, general principles for safe operation of manual and powered hand trucks (e.g., appropriate dress, pre-operation inspection, knowing load capacity of trucks, parking, etc.) and the specific rules for using two-wheeled hand trucks, four-wheeled hand trucks, pallet movers, and powered hand trucks (walking trucks and walkie riders).- Coastal Video Communications.

V370 ERGONOMIC F.I.T.: VIDEO 2 - LOOKING AT THE SIGNALS

(1/2" VHS 13 min. Color 1995 1 videocassette)

Program explores the signs and symptoms of common ergonomic-related injuries (neck and shoulders, elbows, wrists, hands and fingers and back). It encourages workers to develop an ergonomic eye to recognize risk factors, such as force or weight, awkward postures, frequency & repetition, duration, and physical signs in order to prevent injuries and take action early. Shows office and industrial environments. – CoreMedia Training Solutions.

V371 ERGONOMICS: WATCH YOUR BACK (Closed Captioned)

(1/2" VHS 15 min. Color 2001 1 videocassette Employee handbook)

Whether handling patients or working in housekeeping, the office, the laundry, the kitchen, the laboratory, healthcare workers are at risk of developing musculoskeletal disorders (MSDs). The video covers the following topics: structure of the back, symptoms of back problems, risk factors of musculoskeletal

disorders, and safe practices to prevent (MSDs). – Coastal Training Technologies Corp.

V372 LIFE IS FOR LIVING

(1/2" VHS 3 min. Color 2000 1 videocassette)

This video is designed to open or close employee safety meetings and help focus the viewer's attention on the long-term consequences of injuries resulting from not following safe practices at home and at work. A wide variety of dramatic mishaps are illustrated, such as traffic crashes, slips and falls, hand injuries, back injuries, eye injuries and electrical mishaps. – Aurora Pictures/Comprehensive

V373 CONSTRUCTION STAIRWAYS & LADDERS (Closed Captioned)

(1/2" VHS 10 min. Color 1992 1 videocassette)

This program covers the safe use of portable ladders, proper ladder setup, inspection and maintenance, safe work practices and construction of job made ladders and stairways. – National Center for Construction Education and Research/Coastal Training Technologies Corp.

V374 BLOODBORNE PATHOGENS FOR CUSTODIANS (Closed Captioned)

(1/2" VHS 16 min. Color 2003 1 videocassette Employee handbook)

This video provides general information on three bloodborne pathogens – HBV, HCV and HIV, their transmission in the workplace, the elements of an exposure control plan, reducing the risk of exposure through engineering controls, personal hygiene, personal protective equipment and good housekeeping, and what to do when you or someone else is injured and blood is present. – Coastal Training Technologies Corp.

V375 MANBASKETS IN CONSTRUCTION

(1/2" VHS 10 min. Color 1996 1 videocassette)

This program briefly covers the procedures for hoisting personnel using a crane or derrick. It emphasizes the responsibility of each individual involved in personnel hoisting, the pre-lift meeting, inspection and testing of equipment, personnel platforms, loading, crane operations and safe work practices. – Coastal Training Technologies.

V376 ERGONOMICS FOR SUPERVISORS

(1/2" VHS 17 min. Color 1998 1 videocassette Trainer's guide)

Provides supervisors and managers with guidelines for developing an effective workplace ergonomics program. Topics addressed include identifying, correcting and preventing ergonomics risk factors and disorders (cumulative trauma disorders, and musculoskeletal disorders), establishing good ergonomic work practices, using ergonomics teams and ergonomics as a part of a continuous improvement process. The prevention of ergonomics disorders includes commitment from management, employee involvement, worksite analysis, implementation of control measures, employee training and workplace monitoring. – Business Training Systems.

V377 THAT'S WHY YOU WEAR A HARDHAT

(1/2" VHS 13 min. Color 2004 1 videocassette Leader's guide)

This video uses several injury scenarios and worker and family testimony to drive home the point that most head injuries can be avoided through the proper use of a hardhat. Topics include the importance of 1) protecting the head and brain from injury, 2) always being aware of hazards to the head and 3) maintaining care and a proper hardhat fit. – ERI Safety Video/American Training Resources.

V378 FIRE SAFETY

(1/2" VHS 20 min. Color 2000 1 videocassette Trainer's guide)

The following topics are covered in this video: causes of fire, fire prevention tips (e.g. good housekeeping, accessible exits, overloading electrical circuits, proper storage of hazardous materials), what to do if you discover a fire, considerations before deciding to fight a fire, how to identify different types of fires, choosing the correct fire extinguishers, using fire extinguishers and hoses, and basic evacuation procedures. **NOTE: Employees should follow the procedures established in their workplaces.** – American Training Resources.

V379 DON'T BET ON IT

(1/2" VHS 15 min. Color 2004 1 videocassette Leader's guide)

This program, through various scenarios, examines some of the reasons employees choose to place their lives in danger so we can learn to recognize and avoid these types of tragic decisions. Some of these reasons include 1) having a false sense of security from years of experience, 2) being distracted while working (rushing, anger, being occupied with outside issues or being distracted by other workers or operations) interferes with your decision-making, impairs your reaction time and places you and others at risk, 3) .showing off, gaining attention from others or horseplay, and 4) thinking about safety when confronted with obvious hazards rather than following safety practices at all times. – ERI Safety Video/American Training Resources.

V380 SAFETY ORIENTATION: DON'T BE A ZOMBIE

(1/2" VHS 22 min. Color 1996 1 videocassette Employee handbook)

This video points out some of the hazards that occur in the workplace, thus employees can recognize them and follow safe practices and procedures to avoid injuries and illnesses unlike a "zombie". Topics covered include personal protective equipment; back injuries; slips, trips and falls; hazard communication, bloodborne pathogens, lockout and tagout and fire safety. – Coastal Video Communications Corp.

V381 WAREHOUSE MANUAL HANDLING: THE NEW APPROACH

(1/2" VHS 21 min. Color 2003 1 videocassette Training guide)

This program aims at helping workers prevent musculoskeletal disorders (MSD) by explaining the structure of the back, some reasons why back pain occurs, workplace hazards, how to minimize the dangers of manual handling and some pointers on back strengthening and stretching exercises. Case studies with solutions applicable to typical manual handling problems are used to illustrate correct procedures. **Note:** Employees should check with their healthcare professional if they have questions about doing the demonstrated stretches and exercises. Also, much of the information presented in this video can also be applied to workplaces other than warehouses – Vocam USA LLC.